

Love and prayer

To live fully, love wastefully and to be all that God intends me to be.

John Shelby Spong

Prayer is properly not petition, but simply an attention to God which is a form of love.

Iris Murdoch

Prayer and love are learned in the hour when prayer has become impossible and your heart has turned to stone.

Thomas Merton

When the going gets tough –

when we face a crisis or an illness

or we are in a rut or struggling to keep our heads above water –

when God remains silent or distant:

this is the time to stay, to be patient, to do the ordinary things of the day, to find a little space for yourself (to breathe a little more freely) - to live in and through this time.

Love's nature is always to communicate - and even amongst these rocks to believe love is speaking to us, holding us, beholding us.

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