

The Mystery of the Eucharist

“Matter is the scaffolding of spirit”

R.S. Thomas

Sacramental vision is not instant photography of the world in which we live. It is something learned by patient education of our sensitivity to the engagement of God with the world.

Alan Ecclestone

*[A sacrament] is an outward and visible sign of
an inward and spiritual grace.*

Book of Common Prayer

***You must wear your eyes out
As others their knees.***

R.S.Thomas

Have I had moments in my life when I've sensed “something more”= that the world has depth?

Can I learn to “walk softly” on this earth, slowly growing in a sacramental sensibility?

“Surely the Lord is in this place, and I never knew it”. (Genesis 28:16)

A sacrament is the visibility of Christ's divine love for us (bestowal of grace) and equally of his human love for God (worship).

Edward Schillebeeckx

The grace of Jesus- God's gift to us- is a kind of pivotal point, a bridge: we see how God is for us, and we see how we can be for God.

“Holy Communion”

The existence of God is revealed to us in the liturgy as an event of communion.

John Zizioulas

The Eucharist shows us the vocation of our human bodies: to become gifts for each other, the possibility of communion.

Timothy Radcliffe

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“Companion”- (Latin “cum”- with and “panis” – bread) – suggests sharing a meal is a sign of friendship.

Who do I share my life- my bread- with?

Can I live my life as an “act of communion” –

“excluding no-one and nothing of what God has loved into being”? (Tony Kelly)