

# *Be intelligent*

*I want to beg you as much as I can...to be patient towards all that is unsolved in your heart and try to love the questions themselves...*

Rainer Maria Rilke

Our heads are (obviously) very important to us. Thinking and self-awareness mark us off from the rest of creation. But while our heads are good places to start, we are not supposed to live there!

**So listen to your questions, doubts and fears.  
Acknowledge them, but don't let them hijack you.  
Often they are quite reductionist –  
but remember: you are more than your doubts.**

The openness of faith which Jesus of Nazareth asks of us is not irrational or unreasonable. On the contrary: as Anselm in the 12<sup>th</sup> Century said: it is a matter of “faith seeking understanding”.