## Be real

Human living as it is normally perceived is an escape from reality. The gospel message is a recall to reality, revealed as a mystery of forgiveness.

Sebastian Moore

What we are being asked is to be as accurate or honest about ourselves. Facing and living out of our inner truth is a good description of humility. ("humus" = of the earth = grounded).

Jesus says the truth will set you free. There can be no freedom, in other words, unless and until you face your truth.

The place of fear is the place of grace.

As you face and embrace your fears,

you become rea l
and this place, of which you've been so afraid,
is uncovered as "a mystery of forgiveness".

Contact: juliancentre@gmail.com