

The glory of God is a human being fully alive

Ireneaus

Don't look at your "performance" – which all too often leads to:

I am not good enough.

I don't deserve to be any better etc.

But ask yourself:

Is my attitude towards life life-giving or death-dealing?

Creative or destructive?

Freeing or imprisoning?

Each day - as you get in touch with thoughts, images, voices, things you tell yourself - do you feel better or worse? Can you hear an invitation/challenge in all this to say YES to life? To be committed?

Today- like everyday- there is the invitation, to ***practise resurrection***.

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