

# ***Towards Healing***

## ***More than a cure***

William Temple, one of the great Archbishops of Canterbury in the 20<sup>th</sup> century said once that though the story of Jesus happened long ago, in it “we apprehend present fact”. This is because the story is the expression of the One in whom we live and move and have our being, so that whatever finds expression there is true now. “Our reading of the gospel story can and should be an act of personal communion with the living God”. We are not looking for insights so much as a lived and living encounter with God.

In Jesus, we are offered not so much a message, or a doctrine we need to believe, but a living encounter with a reality that is at the very heart of everything that is.

*We all fear our symptoms and want to heal them. We go to all kinds of healers, not realizing that our worst problem is not the sickness, but that we are hypnotized by a culture into believing that what we experience is bad and has to be repressed and healed instead of lived and loved.*

Arnold and Amy Mindell

We fear pain or biological death so much that we de-value life itself and make the cure of disease a supreme value. We rightly rejoice in and co-operate with everything in medical science and research which works towards healing. Yet healing is not an end in itself - nor is death. What is on offer is a deeper and closer relationship with the One Who is - which will always spell freedom and life and hope....

**What do I want?**

**What do I value most deeply?**

**Meaning, security, freedom,  
relationships, happiness, love, health....?**

*So I saw and understood  
that our faith is our light in  
our night;  
which light is God, our  
endless day.*

Julian of Norwich

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Philip Carter is a retired Anglican Priest. He was the inaugural president of the Australian Ecumenical Council for Spiritual Direction (AECSD). He ran the Julian Centre in Adelaide, an independent and ecumenical centre for spirituality, from 1997-2009.

Contact: [juliancentre@gmail.com](mailto:juliancentre@gmail.com)