

Towards Healing

A way of being with the God who heals

*Flawed as you are you stand on holy ground.
This is the ground God has cleared for you.
God meets you here, and nowhere else.*

Angela Tilby

Listen to the language of your wounds

Jim Cotter

Surely all the hard things that have happened to anyone in his creation have happened to God himself.

Cicliy Saunders

...health cannot be ensured like love and truth, it resents approaches that are too intense. We can only pay attention to the things which make health possible. Health comes as a surprise.

Michael Wilson

**George McDonald said that he would not pray for someone,
but he would think of them and God together.**

**What the prayer for healing calls out from us is a disposition, an attitude, and a willingness,
to be with the “issue”, the “wound”, the “pain”
as imaginatively and courageously as possible,
and hold it together with an ever-to-be-expanded view of God –
the One who is-
the Source of all life and healing.**

Philip Carter is a retired Anglican Priest. He was the inaugural president of the Australian Ecumenical Council for Spiritual Direction (AECSD). He ran the Julian Centre in Adelaide, an independent and ecumenical centre for spirituality, from 1997-2009.

Contact: juliancentre@gmail.com

*You are the healing, the loving, the touching.
You are the laughing. You are the dancing,
Jesus, Verb of God -/
You are the moving- move in me.*

(a prayer from USA)

When we pray for healing, for ourselves and for others, we need to be real, and ask as clearly as we can. Being real means being vulnerable: our prayers will be raw and urgent. But as we grow in this, we also realise that the One to whom we are praying is both intimately and as immediately present to ourselves and the one we are praying for. We also realise that Jesus shows us that God too is vulnerable, that this God is the One who “touches us secretly”, as Julian of Norwich would say. It is then that our prayer for others and for ourselves can simply become an affirmation of the truth:

*Enfolded in love
Enlivened and enlightened by grace
Overshadowed by Spirit*

Philip Carter is a retired Anglican Priest. He was the inaugural president of the Australian Ecumenical Council for Spiritual Direction (AECSD). He ran the Julian Centre in Adelaide, an independent and ecumenical centre for spirituality, from 1997-2009.

Contact: juliancentre@gmail.com