## Approaching Life

**Practising Resurrection** 

## I want to know Christ and the power of his resurrection

Philippians 3:10

Death is our illusion, our wish to belong only to ourselves, which is our freedom to kill one another. From this sleep may we too rise, as out of the dark grave.

Wendell Berry

Every time you make a choice you are turning the central part of you, the part of you that chooses, into something a little different from what it was before. And taking your life as a whole, with your innumerable choices, all your life long you are turning this central thing....either into a creation that is in harmony with God, and with other creatures, and with itself, or else into one that is in a state of war. Each of us at each moment is progressing to the one state or the other.

C. S. Lewis

I ask that I be free enough to choose whatever the leading of God's grace is his particular call to me.

Ignatius of Loyola

Recall your life in the past years/weeks/days. Through all of life's changes and chances, have your choices led you to a fuller life, and to actions that make for a better world? Are you growing in a sense of God as "the dearest freshness deep down things"?

Philip Carter is a retired Anglican Priest. He was the inaugural president of the Australian Ecumenical Council for Spiritual Direction (AECSD). He ran the Julian Centre in Adelaide, an independent and ecumenical centre for spirituality, from 1997-2009. Contact: juliancentre@gmail.com Instead of thinking about what you are being called to do, ask who you are being called to be? What aspect of God are you being called to embody and express? Where are you already living this aspect of God? What are you being asked to foster and nurture? Instead of trying to "guess" what God might be wanting, take time and open yourself to the mystery of grace at work in and through all things. Imagine God looking at you, at your life circumstances and imagine what God might be thinking and feeling. Remember God is all goodness, and wants your good.

> I don't know exactly what a prayer is. I do know how to pay attention, how to fall down into the grass, how to kneel down in the grass, how to be idle and blessed.... Mary Oliver

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