

Christ has died

“Exchanging a living death with a dying life”

For you have died, and your life is hid with Christ in God.
Colossians 3:3

*The question before me, now that I
am old, is not how to be dead,
which I know from enough practice,
but how to be alive....*

Wendell Berry

What was really needed was a fundamental change in our attitude toward life. We had to learn ourselves and, furthermore, we had to teach the despairing men, that it did not really matter what we expected from life, but rather what life expected from us.

Victor Frankl- speaking of life in a concentration camp

But the cross is not something you choose or select or aim for. It describes the kind of thing that can happen to you if you respond to God's personal calling to you (like it did to Jesus). It points also to the powerful aspect of the journey to a more full-blooded and fruitful life. If you like, the cross is a symbol of the cost of truly living.

Francis Dewar

Who is seen and seen through, foolish, who has nothing left to hide, who has become transparent through self-acceptance, his soul is loved, wholly revealed, wholly essential; he is just what he is, freed from paranoid concealment, from the knowledge of his secrets and his secret knowledge.

James Hillman

Philip Carter is a retired Anglican Priest. He was the inaugural president of the Australian Ecumenical Council for Spiritual Direction (AECSD). He ran the Julian Centre in Adelaide, an independent and ecumenical centre for spirituality, from 1997-2009.

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The Paschal Mystery is a way that enhances human flourishing. It is a mystery which is not remembered as something that might be forgotten, but as an event that never ceases to determine the present. The Eucharist – where we make the acclamation of faith: “Christ has died” – is a memorial; which gives today its true meaning.

Look back:

As you reflect on being seen through, having nothing to hide,

finding freedom as a kind of dying, ask yourself:

What has died in my life?

What moments of loss or emptiness can I recall?

What has been my usual response?

Where am I being challenged to move on?

What needs to die in me?

What do I need to let go?

What can I mourn?

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